



NEUROSCIENCE FOR SENIOR LEADERS

Mastering Authentic Leadership for NED

Program Details

Applied neuroscience is an emerging discipline and an area of research within the fields of personal development, leadership and peak performance. Those who understand the implications of this research will be positioned to take competitive advantage.

A new area within the field of leadership has emerged: Authentic Leadership. This looks at developing leaders by raising self-awareness first and to align personal stories and values to their leadership style in order to build trust.

Advances in neuroscience in the 21st century are providing us with knowledge and tools to master authentic leadership and to help us raising self-awareness and awareness of others.

This powerful half-day workshop has been exquisitely designed to provide practical tips, brain work-outs and to make available solid grounded knowledge in applied neuroscience specifically customized to Non-Executive Directors to help developing the skills NED need to become an authentic leader.

Make a successful transition into a portfolio career that encompasses your personal values with a sustainable career, including practical tips and brain workouts to support the change. Raise Self-Awareness.

Neuroscience for Senior Leaders focus on:

- Understanding the brain: The neurobiology of everyday life. Impact on raising self-awareness
- Authentic leadership – Latest trends and its applications to Non-Executives
- Developing your awareness of preferred and adapted behaviors
- Mastering authentic leadership during times of change
- The brain reward processing system- Implications for Non-Exec, personal life and organizations.
- Mindfulness tips for managing self-awareness during times of change.
- Brain workouts and practical exercises.
- **Participants will be offered with a confidential brain profiling report; showing adapted vs. underlying behaviors.**

Investment: £195 (Half Day Workshop)

When: 12th July 2017 - 13:00 – 18:00 – Central London

To Register and secure your place:

Email: tvera@sparklingperformance.com

Or Call: +44 203 5040027 / Mob. 07734 692539

www.sparklingperformance.com

